

October 2020

Northern Pines News

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Celebrating October

**Global Diversity
Awareness Month**

Emotional Wellness Month

World Smile Day
October 2nd

World Teachers Day
October 5th

Indigenous Peoples Day
October 12th

Character Counts Week
October 18–24th

Happy Birthday Pat!
October 20th

Happy Birthday Kay!
October 28th

Halloween
October 31st

Living Joyfully

The Bible is filled with stories of joy. We read in Genesis 43-45 the story of Joseph being reunited with his brothers. Joseph had eleven brothers and his father Jacob favored him the most. Because of Jacob's favor to Joseph, his brothers became resentful and sold Joseph as a slave. They told their father Jacob he was dead. Many years later, Joseph and his brothers were reunited and Joseph forgave his brothers, saving his family from starvation during a time of famine. Joy was restored to Joseph's family. In 2 Samuel 6 we find David dancing before the Lord when the Ark of the Covenant came to Jerusalem. People sang and offered sacrifices and celebrated with musical instruments. David danced because the ark represented God's presence among his people. David's wife criticized him for dancing, but he told her he was dancing to honor God. A very popular parable in the New Testament, Luke 15:11-32, is the story of the prodigal son. The son decided one day to leave his father and venture out on his own. The father was heartbroken and waited with long suffering for his son to return home. Eventually, the son did return home. The father was so overcome with joy that he ran to him and lovingly embraced him, preparing a delicious feast with music and dancing. The father was filled with joy because his son was not dead, he was alive. He was not lost, but was found (Luke 15:32). Joy filled the father's home once again. Baruch's theme this year is living joyfully. In each of these stories, there was hardship and suffering that precluded the joy. Years of bitterness, resentment, grief and agony in relationships that were meant to serve the Lord. Yet, in all of this long-suffering, God still moved among his people and his spirit brought about healing and rejoicing. No matter what happens in your life, remember the words of Nehemiah 8:10, "the joy of the Lord is your strength".

Chaplain Val

Monarch Experience

This past month has been a great experience for both Staff and Residents! Thanks to Nancy Crowe, we were first able to watch 4 cyrsalises turn into beautiful Monarch Butterflies. We were able to learn so much about them, like how long they are caterpillars to how long they are in their cyrsalis. We also got to learn how you can tell if it is a male or female Monarch. After all 4 turned into Monarchs Nancy then reached out and had two caterpillars and wanted to know if we wanted to watch them from that state of life. Of course we could not turn down that offer with as much fun as we had with just watching the cyrslises and how they changed. Although we only had the caterpillars for about a day before they turned into chrysalises it was still so much fun to watch and try to guess if they were males or females! We are looking forward to being able to experience this all again in the spring thanks to Nancy!



October Birthdays

In astrology, those born between October 1–22 balance the scales of Libra. Libras have strong intellects and keen minds and so need constant stimulation. Libras are also masters of compromise and diplomacy, acting as wise mediators between friends and colleagues. Those born from October 23–31 are Scorpio's scorpions. Scorpions are passionate and intense, yet you may never know given their calm demeanors. They value truth, loyalty, and justice in friends and family.

Julie Andrews (actress) – October 1, 1935
Desmond Tutu (cleric) – October 7, 1931
Chevy Chase (comedian) – October 8, 1943
Dick Gregory (comedian) – October 12, 1932
Mae Jemison (astronaut) – October 17, 1956
Chuck Berry (musician) – October 18, 1926
Dizzy Gillespie (musician) – October 21, 1917
Pelé (soccer star) – October 23, 1940
Mahalia Jackson (singer) – October 26, 1911
Bill Gates (engineer) – October 28, 1955

Pleasure in the Post



The first full week of October brings International Postcard Week. Experienced *deltiologists* (the official term for postcard collectors) value postcards for their rarity, beauty, and condition, yet anyone can collect postcards as a fun and enjoyable hobby. Postcards are often set into two categories: those depicting topographical and social history, such as photos or illustrations of historical scenes; and subject or “topical” cards created by notable artists. Of course, International Postcard Week is not just for collectors. Many people celebrate by creating their own postcards and mailing them to someone they love. You never know, your postcard could end up in a deltiologist's collection someday.