

October 2022

# Northern Pines News

Northern Pines Assisted Living | 130 Mary Ann St Grayling MI 49738 | Phone: (989)344-2010 |



## Celebrating October

**Learn to Bowl Month**

**Country Music Month**

**International Day of Older  
Persons**  
*October 1<sup>st</sup>*

**Dick Tracy Day**  
*October 4<sup>th</sup>*

**Sukkot**  
*October 9–16*

**Indigenous Peoples' Day**  
*October 10<sup>th</sup>*

**Silly Sayings Day**  
*October 13<sup>th</sup>*

**Character Counts Week**  
*October 16–22*

**Happy Birthday Kay**  
*October 28<sup>th</sup>*

**Halloween Fundraiser**  
*October 28<sup>th</sup>*

**Halloween**  
*October 31<sup>st</sup>*

**John 13:34-35 (NIV) "A new command I give you: Love one another."**

As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another." Several times a month, I cross the Mackinac Bridge. Miles before reaching the bridge, the suspension towers shine white against the blue sky. During the almost 5 miles driving over the bridge, the views are even more amazing. Looking out over the railings, I see ferries traveling to Mackinac Island with white foam trailing behind, sailboats, and amazing shorelines. There are so many things on which to focus. However, I am driving across a bridge high above the water! This means focusing on the highest priority; the road and the traffic around me. In life, and in faith, focusing on the highest priority is very important. In John 13, Jesus shares with the disciples his principles for a life of faith. We are to focus on love; especially loving each other the way Jesus shows love to us. What does this look like? In Galatians and 1 Corinthians, loving behavior is described as kind, patient, not irritable or envious, displaying goodness and self-control and gentleness. Behavior that does not "bite and devour each other." How are you doing in these areas? When we see room for improvement, Jesus invites us to live more deeply in the Way of Love. Love for God. Love for self. Love for one another. We do this by spending time with God. As we do so, the very character of God rubs off on us, changing us and filling us. We can then share this love with others in how we speak and act.

**As Jesus stated, "By this everyone will know that you are my disciples...."**

Chaplin Karen Henderlong

## Clocking In to October

October is Clock Month, a month when time is of the essence. Time. Why does it seem as if there is never enough of it? Soon, we will be turning the clocks back and returning to standard time just to steal a little bit of daylight. But what if we could really turn back the clock and travel through time? Hollywood has given us several movies about time travel and the wondrous machines that blip us forward and back through the eons. Not just Hollywood writers, but scientists, too, have been studying time travel. They have determined that yes, in fact, time travel is theoretically, if not realistically, possible. Physicist Pascal Koiran has postulated that time travel could be facilitated through wormholes. A wormhole, also known as an Einstein-Rosen Bridge, acts as a tunnel between two distant points in space. Spacecraft could theoretically enter one end and be transported to a distant part of the universe, defying the rules of both space and time. Unfortunately, not a single wormhole has been discovered yet. Another physicist, Amos Ori, has gone as far as to propose the design of a time machine. He proposed theoretically manipulating gravitational fields in order to curve the linear structure of space-time. Essentially, the future bends backward, allowing visitors from the future to visit the moment that the curvature was created. Again, several significant problems exist with this model, the first one being that there is no known way to use gravity to bend space-time. Despite these nearly impossible challenges, physicists and astronomers continue to explore the nature of time and how to manipulate and control it. Scientific luminaries like Albert Einstein and Stephen Hawking have attempted to answer questions about time and space. While we wait for the invention of a time machine, we can enjoy fanciful movies featuring time machines like *Back to the Future*, which incidentally enjoys its own holiday on October 21.

## October Birthdays

In astrology, those born from October 1–22 balance the scales of Libra. Libras strive for equilibrium and symmetry and flourish in harmonious partnerships. Libras surround themselves with balanced environments. Those born from October 23–31 are Scorpios. Scorpios cherish the truth and are not afraid to go to extraordinary lengths to uncover mysteries and get what they want.

Kelly Ripa (talk show host) – October 2, 1970  
 Susan Sarandon (actress) – October 4, 1946  
 Bernie Mac (comedian) – October 5, 1957  
 Jesse Jackson (minister) – October 8, 1941  
 Hugh Jackman (actor) – October 12, 1968  
 Usher (singer) – October 14, 1978  
 Naomi Osaka (tennis pro) – October 16, 1997  
 Mae Jemison (astronaut) – October 17, 1956  
 Chuck Berry (musician) – October 18, 1926  
 Kamala Harris (vice president) – October 20, 1964  
 Ryan Reynolds (actor) – October 23, 1976  
 Winona Ryder (actress) – October 29, 1971

## Northern Pines Fundraiser Bash



**Come Join Us Friday October 28<sup>th</sup> 2022**