



	Sun 03-03-2024	Mon 03-04-2024	Tue 03-05-2024	Wed 03-06-2024	Thu 03-07-2024	Fri 03-08-2024	Sat 03-09-2024	
B R E A K F A S T	Baked Oatmeal with Cinnamon Apples Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits Fresh Fruit 100% Juice	Egg Sausage Croissant Fresh Fruit 100% Juice	Cinnamon French Toast Sausage Link Fresh Fruit 100% Juice	Country Gravy and Biscuits Fresh Fruit 100% Juice Whole Grain Toast	Fluffy Pancakes Bacon Fresh Fruit 100% Juice	Cold Cereal Yogurt Fresh Fruit 100% Juice	
L U N C H	Open Face Turkey Sandwich California Blend Pasta Salad	Baked Fish Fillet French Fries Cucumber Tomato Salad Baked Roll	Sweet and Sour Chicken White and Wild Rice Pilaf Stir-Fry Vegetables Baked Roll	Reuben Sandwich Lemon Roasted Broccoli Garlic Breadsticks	Double Crunch Egg Salad Apple Slices Tomato Cucumber Salad Chips	Sloppy Joes Green Salad Whole Grain Bread	Ranch Chicken Nuggets Classic Mashed Potatoes Broccoli with Cheese Sauce Baked Roll	
D I N N E R	Chicken Patty Garlic Herb Mashed Potatoes Coleslaw Baked Roll Ice Cream Sandwich	Chicken Enchiladas Baked Beans Garden Green Salad Garlic Breadsticks Chocolate Pudding	Cheese Quesadilla Refried Beans Cauliflower with Cheese Sauce Baked Roll Vanilla Pudding	Herb Seasoned Pork Scalloped Potatoes Bacon Brussels Sprouts Baked Roll Chocolate Peanut Butter Cookie	American Goulash Garden Green Salad Whole Grain Bread Chocolate Pudding	LF Tuna Melt Fried Potatoes and Onions Vegetable Medley Baked Roll Fudge Brownie	Reuben Soup Garden Green Salad Whole Grain Bread Berry Jello	
	Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha						Week 2

Dietitian's Signature: *Diane Jager 610128*
1-11-2024



	Sun 03-10-2024	Mon 03-11-2024	Tue 03-12-2024	Wed 03-13-2024	Thu 03-14-2024	Fri 03-15-2024	Sat 03-16-2024
B R E A K F A S T	Bananas Foster Oatmeal Egg of Choice 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits Corned Beef Hash Fresh Fruit 100% Juice Peanut Butter Toast	Cold Cereal Yogurt Fresh Fruit 100% Juice	Texas French Toast Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Buttermilk Pancakes Bacon Fresh Fruit 100% Juice	French Toast Egg of Choice Fresh Fruit 100% Juice	Denver Egg Scramble Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Broccoli Ham Casserole Buttery Carrots Herb Pull Apart Roll	Sausage Tortellini Soup Caesar Salad Crusty Garlic Bread	BLT Sandwich Green Salad Whole Grain Bread	Shepherd's Pie Classic Mashed Potatoes Herb Sauteed Vegetables Whole Grain Bread	Classic Lasagna Green Salad Garlic Breadsticks	Grilled Cheese Sandwich Basil Tomato Soup Crackers	Pork and Sausage Jambalaya Broccoli Coleslaw Baked Roll
D I N N E R	Bacon Meatloaf Homestyle Stuffing French Cut Green Beans Baked Roll Fresh Apple Pie	Roasted Lemon Chicken Fresh Mashed Potatoes and Gravy Roasted Peppers Baked Roll Ice Cream	Baked Potato with Chili Oven Roasted Broccoli Baked Roll Strawberry Jello	BBQ Chicken Breast Baked Fried Potatoes Garlic Carrots Baked Roll Ice Cream Sandwich	Smothered Chicken Breasts Penne Pasta Garlic Green Beans Baked Roll Dirt and Worms	Breaded Shrimp with Cocktail Sauce Parsley Rice Garden Green Salad Baked Roll Soft Fall Fruit Salad	Glazed Meatloaf O'Brien Potatoes Roasted Squash Baked Roll Birthday Cake
Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha						Week 3

Dietitian's Signature: *Debra Jager 610128*
1-11-2024



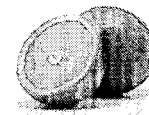
	Sun 03-17-2024	Mon 03-18-2024	Tue 03-19-2024	Wed 03-20-2024	Thu 03-21-2024	Fri 03-22-2024	Sat 03-23-2024
B R E A K F A S T	Breakfast Mini Fruit Pizza Egg of Choice Fresh Fruit 100% Juice	Deluxe Waffles Bacon Fresh Fruit 100% Juice	Cold Cereal Hash Browns Fresh Fruit 100% Juice	French Toast Breakfast Ham Fresh Fruit 100% Juice	Orange Cranberry Muffin Egg of Choice Fresh Fruit 100% Juice	Maple Bacon Casserole Hash Browns Fresh Fruit 100% Juice	Blueberry Pancakes Sausage Link Fresh Fruit 100% Juice
L U N C H	St. Patricks Day Corned Beef Brisket Boiled Red Potatoes Seasoned Cabbage Irish Soda Bread Leprechaun Cookie	Ham and Swiss Sandwich Fruit Toss Coleslaw	BLT Sandwich Assorted Fruit Cucumber Dill Salad Mozzarella Garlic Bread	Beef Enchilada Spanish Rice Black Bean Salsa Soup Spanish Rice	Italian Baked Chicken Macaroni and Cheese Garlic Carrots Baked Roll	Baked Fish Fillet Coleslaw Chips	Egg Salad Sandwich Cottage Cheese with Mandarin Oranges Green Salad Breadsticks
D I N N E R	Crispy Fried Chicken Roasted Smashed Potatoes French Cut Green Beans Baked Roll Chocolate Cream Pie	Sweet and Sour Chicken Brown Rice Brussels Sprouts Baked Roll Berry Jello	Baked Tuna Dish Homestyle Stuffing French Cut Green Beans Baked Roll Chocolate Pudding	Baked Pork Chop Classic Mashed Potatoes Cucumber Tomato Salad Baked Roll Blonde Brownies	Baked Ham AuGratin Potatoes Buttery Carrots Baked Roll Banana Pudding	Sweet and Sour Meatballs Rice Steamed Broccoli Baked Roll Chocolate Chip Cookie	Smokey Chicken and Gravy Garlic Mashed Potatoes Buttery Carrots Baked Roll Apple Pie
	Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha					

Dietitian's Signature: *Renee Jagan 6/10/28*
1-11-2024



	Sun 03-24-2024	Mon 03-25-2024	Tue 03-26-2024	Wed 03-27-2024	Thu 03-28-2024	Fri 03-29-2024	Sat 03-30-2024
B R E A K F A S T	French Toast Hash Browns Fresh Fruit 100% Juice	Raisin French Toast Sausage Link Fresh Fruit 100% Juice	Texas French Toast Corned Beef Hash Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Egg of Choice Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Fresh Fruit 100% Juice Whole Grain Toast	Belgian Waffles Egg of Choice Fresh Fruit 100% Juice	Egg Mushroom Scramble Hash Browns Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Chicken Fajita Bowl Grilled Mixed Vegetables Crackers	Chicken Nuggets Classic Mashed Potatoes Vinaigrette Tomatoes Baked Roll	Creamy Italian Shells Brown Rice Sweet Slaw Baked Roll	Beef Chili Green Salad Fresh Cornbread	Ham and Potato Soup Green Salad Crackers	Ravioli with Herbed Cream Sauce Green Salad Garlic Breadsticks	Baked Macaroni and Cheese Homestyle Stuffing Green Bean Carrot Blend
D I N N E R	Crispy Pork Chop Southwest Rice Seasoned Cauliflower Baked Roll Chocolate Chip Cookie	Bacon Ranch Quesadilla Refried Beans Buttery Carrots Baked Roll Vanilla Pudding	Louisiana Chicken Cheesy Rice Garden Green Salad Colorful Fruit Salad	Baked Fish Fillet Hushpuppies Sauteed Carrots Baked Roll Ice Cream Sandwich	Gold Rush Meatballs Hawaiian Baked Beans Vegetable Medley Baked Roll Pineapple Fruit Cup	Chicken with Tomato Mushroom Sauce Garlic Pasta Brussels Sprouts Baked Roll Chocolate Pudding	Tuna Noodle Casserole Potato Salad Green Beans Baked Roll Fresh Fruit Cup
Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha						Week 5

Dietitian's Signature: *Dianna Jagan 6/10/28*
1-11-2024



	Sun 03-31-2024	Mon 04-01-2024	Tue 04-02-2024	Wed 04-03-2024	Thu 04-04-2024	Fri 04-05-2024	Sat 04-06-2024
B R E A K F A S T	Homestyle Pancakes Bacon Fresh Fruit 100% Juice	French Toast Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Texas French Toast Hash Browns Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Yogurt Fresh Fruit 100% Juice	Texas French Toast Sausage Link Fresh Fruit 100% Juice	Bacon Egg Muffin Yogurt Fresh Fruit 100% Juice	Sausage Scramble Fresh Fruit 100% Juice Fresh Biscuit
L U N C H	Easter Dinner Ham Stuffing Deviled Eggs Cheesy potatoes Hawaiian Roll Strawberry poke cake	Lasagna Buttery Carrots Garlic Bread	Meat Supreme Pizza Broccoli Coleslaw Chips	Homemade Chicken Noodle Soup Mixed Vegetables Crackers	Oven Roasted Pork Loin Garlic Herb Mashed Potatoes French Cut Green Beans Crackers	Homestyle Salisbury Steak Garlic Mashed Potatoes Buttery Carrots Parmesan Breadsticks	Slow Cooked BBQ Chicken Sandwich Pear Fruit Medley Honey Roasted Carrots Tater Tots
D I N N E R	Classic Turkey Sandwich Baked Potato Balsamic Tomato Cucumber Salad Chips	Herb Grilled Chicken Seasoned Rice Lemon Pepper Green Beans Baked Roll Pudding with Vanilla Wafers	Bread Crumb Pork Chop Parsley Noodles Garden Green Salad Baked Roll Pumpkin Pie	Unstuffed Pepper Soup Brown Rice Garden Green Salad Whole Grain Bread Banana Pudding	Garlic Parmesan Chicken Parmesan Pasta Cauliflower with Cheese Sauce Baked Roll Guinness Brownie	Hot Ham Cheese Sandwich Creamy Tomato Basil Soup Saltine Crackers Orange Sherbet Dish	Spaghetti and Meat Sauce Garden Green Salad Garlic Breadsticks Berry Jello
	Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha					Week 1

Dietitian's Signature: *Deanna Jagan 610128*
1-11-2024