



	Sun 05-05-2024	Mon 05-06-2024	Tue 05-07-2024	Wed 05-08-2024	Thu 05-09-2024	Fri 05-10-2024	Sat 05-11-2024	
<b>B R E A K F A S T</b>	Sausage Country Gravy and Biscuits Fresh Fruit 100% Juice Whole Grain Toast	French Toast <i>or</i> Cold Cereal Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Egg of Choice <i>or</i> Hot Cereal Yogurt Fresh Fruit 100% Juice Fresh Biscuit	Homestyle Pancakes <i>or</i> Hot Cereal Sausage Link Fresh Fruit 100% Juice	Cold Cereal <i>or</i> French Toast Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits <i>or</i> Cold Cereal Yogurt Fresh Fruit 100% Juice	Belgian Waffles <i>or</i> Hot Cereal Breakfast Ham Fresh Fruit 100% Juice	
<b>L U N C H</b>	BBQ Chicken Sandwich Fruit Cocktail Brussels Sprouts Whole Grain Bread	Macaroni and Cheese Coleslaw Baked Roll	Greek Chicken Pasta Assorted Fruit Tomato Cucumber Salad Crusty Garlic Bread	Shrimp Alfredo with Linguine Oven Roasted Broccoli Baked Roll	Ham and Cheese Sliders Watermelon Green Salad Whole Grain Bread	Pepperoni Pizza Tomatoes with Cottage Cheese Garlic Breadsticks	Cheese Ravioli with Pasta Sauce Assorted Fruit Garlic Carrots Whole Grain Bread	
<b>D I N N E R</b>	Classic Meatloaf Herb Roasted Red Potatoes Loaded Cauliflower Chocolate Pudding	Asian Orange Chicken Homestyle Stuffing French Cut Green Beans White Cake	Creamy Herbed Pork Chops Baked Yams Mixed Vegetables Cherry Cheesecake	Hamburger Steak and Onions Classic Mashed Potatoes Baby Carrots Berry Trifle	Baked Spaghetti Vegetable Medley Garlic Bread Ice Cream	Lemon Baked Fish Parsley Rice Steamed Broccoli Chips Mint Brownie	Chicken Fajita Herb Sautéed Vegetables Baked Roll Ice Cream	
	Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha						Week 4

Dietitian's Signature: *Dianna Jagan 610128*  
4-29-2024



	Sun 05-12-2024	Mon 05-13-2024	Tue 05-14-2024	Wed 05-15-2024	Thu 05-16-2024	Fri 05-17-2024	Sat 05-18-2024	
<b>B R E A K F A S T</b>	Cold Cereal <i>or</i> French Toast Yogurt Fresh Fruit 100% Juice Whole Grain Toast	French Toast <i>or</i> Hot Cereal Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Buttermilk Pancakes <i>or</i> Cinnamon Roll Yogurt Fresh Fruit 100% Juice	Cheesy Scrambled Eggs <i>or</i> Cold Cereal Bacon Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits <i>or</i> Hot Cereal Yogurt Fresh Fruit 100% Juice	Skillet Eggs with Hash Browns <i>or</i> Cold Cereal Yogurt Fresh Fruit 100% Juice Fresh Biscuit	Deluxe Waffles <i>or</i> French Toast Bacon Fresh Fruit 100% Juice	
<b>L U N C H</b>	Open Face Turkey Sandwich with Gravy Strawberries Buttery Carrots Classic Mashed Potatoes	Bean and Cheese Burrito Green Salad Spanish Rice	Double Crunch Egg Salad Watermelon Pasta Bacon Salad	Baked Ziti Garlic Green Beans Garlic Bread	Beef Pot Roast Boiled Red Potatoes Braised Carrots and Celery Baked Roll	Grilled Cheese Sandwich Tomato Soup Crackers	Breadcrumbs Chicken Tenders Homestyle Stuffing Normandy Blend Baked Roll	
<b>D I N N E R</b>	Honey Glazed Ham Fresh Cooked Yams Garden Green Salad Baked Roll Chocolate Cake	Homestyle Fried Chicken Classic Macaroni Salad Collard Greens Berry Jello	Southwest Cheddar Meatballs Herb Mashed Potatoes Roasted Summer Squash Baked Roll Ice Cream	Roasted Pork Baked Sweet Potato Grilled Asparagus Baked Roll Frozen Fruit Smoothie	Chicken Fettuccine with Sun-Dried Tomatoes Creamy AuGratin Potatoes Peas Baked Roll Ice Cream	Crunchy Baked Fish Baked Fried Potatoes Lemon Roasted Broccoli Baked Roll Sherbet Dessert	BBQ Glazed Meatballs Classic Mashed Potatoes Roasted Brussels Sprouts Chocolate Pudding	
	Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha						Week 5

Dietitian's Signature: *Devin Jagan L10128*  
4-29-2024



	Sun 05-19-2024	Mon 05-20-2024	Tue 05-21-2024	Wed 05-22-2024	Thu 05-23-2024	Fri 05-24-2024	Sat 05-25-2024	
<b>B R E A K F A S T</b>	Pancakes Hash Browns Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Corned Beef Hash Fresh Fruit 100% Juice	Cheese Baked Eggs Fresh Fruit 100% Juice Whole Grain Toast	Buttermilk Pancakes Breakfast Ham Fresh Fruit 100% Juice	Cold Cereal Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Strawberry Belgian Waffle Yogurt Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Yogurt Fresh Fruit 100% Juice Fresh Biscuit	
<b>L U N C H</b>	Scalloped Ham and Potatoes Homestyle Stuffing Seasoned Broccoli Chips	Classic Lasagna Light Caesar Salad Garlic Bread	Reuben Wrap Coleslaw Parmesan Breadsticks	Tuna Salad Sandwich Cucumber Dill Salad Chips	Classic Taco Salad Spanish Rice Honeydew Whole Grain Bread	Classic Stuffed Bell Peppers Green Salad Baked Roll	Chicken Caesar Salad Fresh Fruit Cup Tossed Mandarin Salad Crackers	
<b>D I N N E R</b>	Chicken Bacon Wrap Pasta Salad Honey Roasted Carrots Baked Roll Strawberry Jello	Chicken with Mango Salsa Brown Rice Oven Roasted Cauliflower Whole Grain Bread Chocolate Pudding	Glazed Pork Chops Baked Potato Broccoli with Cheese Sauce Baked Roll Bread Pudding	Skillet Beef Patty with Gravy Parsley Noodles Mixed Vegetables Crackers Chocolate Pudding	Ranch Chicken Glazed Sweet Potatoes Bacon Brussels Sprouts Chips Chocolate Cream Pie	Seasoned Baked Fish Macaroni and Cheese Sautéed Spinach Baked Roll American Apple Pie	BBQ Pork Chop Bake Homestyle Stuffing Corn Baked Roll Ice Cream	
	Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha						Week 1

Dietitian's Signature: *Devin Jager 610128*  
4-29-2024



	Sun 05-26-2024	Mon 05-27-2024	Tue 05-28-2024	Wed 05-29-2024	Thu 05-30-2024	Fri 05-31-2024	Sat 06-01-2024
B R E A K F A S T	Fluffy Pancakes Bacon Fresh Fruit 100% Juice	Belgian Waffles Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal Yogurt Fresh Fruit 100% Juice Cinnamon Roll Muffin	Sausage Country Gravy and Biscuits Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits Yogurt Banana 100% Juice Whole Grain Toast	French Toast Bacon Fresh Fruit 100% Juice	Egg and Cheese Biscuit Hash Browns Fresh Fruit 100% Juice
L U N C H	Sloppy Joes Honeydew Green Salad Chips	Egg Salad Sandwich Spinach Tomato Salad Whole Grain Bread	Classic Lasagna Cucumber and Feta Salad Baked Roll	Pineapple Pork Chops Fruit Cocktail Salad Buttery Carrots	Chicken Tenders Cheesy Mashed Potatoes Bacon Brussels Sprouts Baked Roll	Ham and Swiss Slider Garden Green Salad Chips	Baked Macaroni and Cheese Garlic Carrots Breadsticks
D I N N E R	Chicken Parmesan Garlic Pasta Yellow Squash Easy Fruit Salad	Creamy Herbed Pork Chops Parmesan Potatoes French Cut Green Beans Baked Roll Ice Cream	Baked Tuna Dish Seasoned Rice Broccoli with Cheese Sauce Strawberry Jello	Baked Fish Fillet Broccoli Coleslaw Chips Ice Cream	Baked Ham AuGratin Potatoes Oven Roasted Cauliflower Baked Roll Ice Cream Sundae	Hawaiian Meatballs Fried Rice Stir-Fry Vegetables Baked Roll Cookie	Grilled Lemon Chicken Parmesan Roasted Potatoes Fresh Asparagus Baked Roll Mint Brownie
Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha						Week 2

Dietitian's Signature: *Dianna Jager 610128*  
4-29-2024