

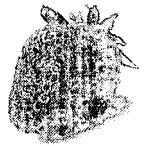
	Sun 06-02-2024	Mon 06-03-2024	Tue 06-04-2024	Wed 06-05-2024	Thu 06-06-2024	Fri 06-07-2024	Sat 06-08-2024
B R E A K F A S T	Scrambled Egg and Bacon Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits Sausage Link Fresh Fruit 100% Juice	French Toast Yogurt Fresh Fruit 100% Juice	French Breakfast Casserole Bacon Fresh Fruit 100% Juice	Cheesy Scrambled Eggs Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits Fresh Fruit 100% Juice Whole Grain Toast	Ham Egg and Cheese Casserole Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Chicken Enchiladas Refried Beans Corn Best Black Beans	Classic Lasagna Fresh Fruit Cup Tomatoes with Cottage Cheese Garlic Breadsticks	Turkey and Ham Chef Salad Cucumber Dill Salad Baked Roll	Sweet and Sour Pork Rice Stir-Fry Vegetables	Ham Sandwich Fruit Cocktail Vegetables with Ranch Dip	Seasoned Salisbury Steak Caesar Salad Baked Roll	Chicken with Glazed Vegetables Honeydew Green Salad Mozzarella Garlic Bread
D I N N E R	Grilled Cheese Sandwich Basil Tomato Soup Baked Roll Berry Jello	Chicken Tenders Garlic Mashed Potatoes Garden Green Salad Baked Roll Ice Cream	Swedish Meatballs Classic Mashed Potatoes Roasted Carrots Baked Roll Crookies	Breaded Shrimp with Cocktail Sauce Pasta Salad Coleslaw Pudding with Vanilla Wafers	Taco Salad Spanish Rice Vinaigrette Tomatoes Baked Roll Snickerdoodle Brownie	Sauteed Chicken Breast Rice Pilaf Herb Roasted Vegetables Baked Roll Sherbet	Cheese Quesadilla Baked Beans Roasted Peppers Spanish Rice Chocolate Peanut Butter Cake
	Milk offered at every meal	Let's Make Dessert (Tuesday's) With Trisha					Week 3

Dietitian's Signature: *Diana Jager 610128*
4-29-2024



	Sun 06-09-2024	Mon 06-10-2024	Tue 06-11-2024	Wed 06-12-2024	Thu 06-13-2024	Fri 06-14-2024	Sat 06-15-2024	
B R E A K F A S T	Sausage Country Gravy and Biscuits Fresh Fruit 100% Juice Whole Grain Toast	French Toast <i>or</i> Cold Cereal Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Egg of Choice <i>or</i> Hot Cereal Yogurt Fresh Fruit 100% Juice Fresh Biscuit	Homestyle Pancakes <i>or</i> Hot Cereal Sausage Link Fresh Fruit 100% Juice	Cold Cereal <i>or</i> French Toast Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits <i>or</i> Cold Cereal Yogurt Fresh Fruit 100% Juice	Belgian Waffle <i>or</i> Hot Cereal Breakfast Ham Fresh Fruit 100% Juice	
L U N C H	BBQ Chicken Sandwich Fruit Cocktail Brussels Sprouts Whole Grain Bread	Macaroni and Cheese Coleslaw Baked Roll	Turkey Wrap Tomato Cucumber Salad Potato Chips	Shrimp Alfredo with Linguine Oven Roasted Broccoli Baked Roll	Ham and Cheese Sliders Watermelon Green Salad Whole Grain Bread	Chef Salad Tomatoes with Cottage Cheese Breadsticks	Cheese Ravioli with Pasta Sauce Assorted Fruit Garlic Carrots Whole Grain Bread	
D I N N E R	Classic Meatloaf Herb Roasted Red Potatoes Loaded Cauliflower Chocolate Pudding	Asian Orange Chicken Homestyle Stuffing French Cut Green Beans White Cake	Creamy Herbed Pork Chop Baked Yams Mixed Vegetables Cherry Cheesecake	Hamburger Steak and Onions Classic Mashed Potatoes Baby Carrots Berry Trifle	Baked Spaghetti Vegetable Medley Garlic Bread Ice Cream	Lemon Baked Fish Parsley Rice Steamed Broccoli Chips Mint Brownie	Chicken Fajita Herb Sautéed Vegetables Baked Roll Ice Cream	
	Milk offered at every meal	Let's Make Dessert (Tuesday's) With Trisha						Week 4

Dietitian's Signature: *Diana Jagan 6/10/28*
4-29-2024



	Sun 06-16-2024	Mon 06-17-2024	Tue 06-18-2024	Wed 06-19-2024	Thu 06-20-2024	Fri 06-21-2024	Sat 06-22-2024	
B R E A K F A S T	Cold Cereal <i>or</i> French Toast Yogurt Fresh Fruit 100% Juice Whole Grain Toast	French Toast <i>or</i> Hot Cereal Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Buttermilk Pancakes <i>or</i> Cinnamon Roll Yogurt Fresh Fruit 100% Juice	Cheesy Scrambled Eggs <i>or</i> Cold Cereal Bacon Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits <i>or</i> Hot Cereal Yogurt Fresh Fruit 100% Juice	Skillet Eggs with Hash Browns <i>or</i> Cold Cereal Yogurt Fresh Fruit 100% Juice Fresh Biscuit	Deluxe Waffle <i>or</i> French Toast Bacon Fresh Fruit 100% Juice	
L U N C H	Open Face Turkey Sandwich with Gravy Strawberries Buttery Carrots Classic Mashed Potatoes	Cheese Pizza Green Salad Breadsticks	Deli Swiss Sandwich German Potato Salad Watermelon Vinaigrette Tomatoes	Baked Ziti Garlic Green Beans Garlic Bread	Dietary Directors Choice Fried Kielbasa Peppers, Onions broccoli slaw	Grilled Cheese Sandwich Tomato Soup Crackers	Breadcrumbs Chicken Tenders Homestyle Stuffing Normandy Blend Baked Roll	
D I N N E R	Honey Glazed Ham Fresh Cooked Yams Garden Green Salad Baked Roll Chocolate Cake	Homestyle Fried Chicken Classic Macaroni Salad Collard Greens Berry Jello	Southwest Cheddar Meatballs Herb Mashed Potatoes Roasted Summer Squash Baked Roll Ice Cream	Roasted Pork Baked Sweet Potato Grilled Asparagus Baked Roll Frozen Fruit Smoothie	Chicken Fettuccine with Sun-Dried Tomatoes Parmesan Roasted Potatoes Peas Baked Roll Ice Cream	Crunchy Baked Fish Baked Fried Potatoes Lemon Roasted Broccoli Baked Roll Sherbet Dessert	BBQ Glazed Meatballs Classic Mashed Potatoes Roasted Brussels Sprouts Chocolate Pudding	
	Milk offered at every meal	Let's Make Dessert (Tuesday's) With Trisha						Week 5

Dietitian's Signature: *Diana Ingu* 6/10/24
4-29-2024



	Sun 06-23-2024	Mon 06-24-2024	Tue 06-25-2024	Wed 06-26-2024	Thu 06-27-2024	Fri 06-28-2024	Sat 06-29-2024
B R E A K F A S T	Pancakes Hash Browns Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Corned Beef Hash Fresh Fruit 100% Juice	Cheese Baked Eggs Fresh Fruit 100% Juice Whole Grain Toast	Buttermilk Pancakes Breakfast Ham Fresh Fruit 100% Juice	Cold Cereal Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Strawberry Belgian Waffle Yogurt Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Yogurt Fresh Fruit 100% Juice Fresh Biscuit
L U N C H	Scalloped Ham and Potatoes Homestyle Stuffing Seasoned Broccoli Chips	Classic Salisbury Steak and Gravy Garlic Mashed Potatoes Light Caesar Salad Garlic Bread	Reuben Wrap Coleslaw Parmesan Breadsticks	Tuna Salad Sandwich Cucumber Dill Salad Chips	Classic Taco Salad Spanish Rice Honeydew Whole Grain Bread	Classic Stuffed Bell Peppers Green Salad Baked Roll	Chicken Caesar Salad Fresh Fruit Cup Tossed Mandarin Salad Crackers
D I N N E R	Chicken Bacon Wrap Pasta Salad Honey Roasted Carrots Baked Roll Strawberry Jello	Chicken with Mango Salsa Brown Rice Oven Roasted Cauliflower Whole Grain Bread Chocolate Pudding	Glazed Pork Chops Baked Potato Broccoli with Cheese Sauce Baked Roll Bread Pudding	Skillet Beef Patty with Gravy Parsley Noodles Mixed Vegetables Crackers Chocolate Pudding	Ranch Chicken Glazed Sweet Potatoes Bacon Brussels Sprouts Chips Chocolate Cream Pie	Seasoned Baked Fish Macaroni and Cheese Sauteed Spinach Baked Roll American Apple Pie	BBQ Pork Chop Bake Homestyle Stuffing Corn Baked Roll Ice Cream
	Milk offered at every meal	Let's Make Dessert (Tuesday's) With Trisha					Week 1

Dietitian's Signature: *Dianna Jagan 610128*
4-29-2024