



	Sun 12-29-2024	Mon 12-30-2024	Tue 12-31-2024	Wed 01-01-2025	Thu 01-02-2025	Fri 01-03-2025	Sat 01-04-2025
B R E A K F A S T	Cheese Baked Eggs Fresh Fruit 100% Juice Whole Grain Toast	Cheese Baked Eggs Fresh Fruit 100% Juice	Cheese Baked Eggs Fresh Fruit 100% Juice	Cheese Baked Eggs Fresh Fruit 100% Juice	Cheese Baked Eggs Fresh Fruit 100% Juice	Cheese Baked Eggs Fresh Fruit 100% Juice	Cheese Baked Eggs Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Apple Pork Chop Baked Yams Green Beans Baked Roll Chocolate Turtle Cake	Hamburger Steak Classic Mashed Potatoes Baby Carrots Baked Roll Pumpkin Pie	Creamy Dill Chicken Fluffy Baked Rice Yellow Squash and Onions Baked Roll Fruit Crisp	Shrimp Scampi Fruit Cocktail Salad Seasoned Broccoli Garlic Breadsticks Lemon Pudding	Roasted Turkey Breast Homestyle Stuffing Mandarin Oranges Fresh Green Bean Casserole Baked Roll American Apple Pie	Butter Crumb Chicken Parsley Potatoes California Blend Baked Roll Ice Cream	Beef Pot Pie with Gravy Baked Sweet Potato Garden Green Salad Baked Roll Peach Cobbler
D I N N E R	BBQ Chicken Sandwich Cinnamon Fruit Cup Coleslaw French Fries	Baked Macaroni and Cheese Fruit Toss Lemon Pepper Green Beans Garlic Bread	Roast Beef Sandwich Creamy Peach Salad Pickle Spear Marinated Potato Salad	Rosemary Pork Stew Pear Fruit Cup Green Salad Cheddar Biscuits	Cheddar Ham Soup Mandarin Oranges Fresh Cooked Carrots Fresh Cornbread	Cheese Quesadilla Pineapple Chunks Cherry Tomato Salad Spanish Rice	Chicken Rigatoni Fresh Fruit Salad Sauteed Zucchini Crusty Cheese Bread
	Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha					Week 2

Dietitian's Signature: *Quinn Jager* 10-14-2024
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	Sun 01-05-2025	Mon 01-06-2025	Tue 01-07-2025	Wed 01-08-2025	Thu 01-09-2025	Fri 01-10-2025	Sat 01-11-2025
B R E A K F A S T	Cheesy Scrambled Eggs Fresh Fruit 100% Juice Whole Grain Toast	Cheesy Scrambled Eggs Fresh Fruit 100% Juice Whole Grain Toast	Cheesy Scrambled Eggs Fresh Fruit 100% Juice Whole Grain Toast	Cheesy Scrambled Eggs Fresh Fruit 100% Juice Whole Grain Toast	Potato Omelet Bake Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits Fresh Fruit 100% Juice Whole Grain Toast	Cheesy Scrambled Eggs Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Meatloaf Garlic Roasted Potatoes Fresh Cooked Carrots Baked Roll Peanut Butter Cookie	Classic Lasagna Mandarin Oranges Green Beans Garlic Breadsticks Chocolate Ice Cream	Slow Cooker Chicken and Dumplings Rice Pilaf Garden Green Salad Baked Roll Vanilla Pudding	Beef Macaroni Casserole Sour Cream Potatoes Country Trio Medley Baked Roll Drizzled Chocolate Chip Cookies	Homestyle Sloppy Joes Easy Lo Mein Stir-Fry Vegetables Spring Egg Roll Vanilla Ice Cream	Cheese Pizza Crusty Garlic Bread Braised Carrots and Celery Baked Roll Chocolate Pudding	Hungarian Goulash Vegetable Medley Baked Roll Cake Chocolates
D I N N E R	Shredded Pork Sandwich French Fries Fall Fruit Salad Green Salad Sweet Potato Fries	Pork and Sausage Jambalaya Pears Sauteed Peppers and Onions Cornbread Muffin	Apple and Onion Pork Fruit Medley Oven Roasted Broccoli Garlic Bread	Crispy Fish Sandwich AuGratin Potatoes Orange Slices Southern Coleslaw	Hero Sandwich Sliced Apples Three Bean Salad Chips	Asian Chicken Salad Grapes Garlic Green Beans Parmesan Breadsticks	Chicken Patty Sandwich Mandarin Oranges Pickle Relish Plate French Fries
	Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha					Week 3

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	Sun 01-12-2025	Mon 01-13-2025	Tue 01-14-2025	Wed 01-15-2025	Thu 01-16-2025	Fri 01-17-2025	Sat 01-18-2025
B R E A K F A S T	Cheese Baked Eggs Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	Homestyle Pancakes Bacon Fresh Fruit 100% Juice	Cheese Baked Eggs Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Cheese Baked Eggs Fresh Fruit 100% Juice Fresh Biscuit	Bagel and Cream Cheese Egg of Choice Fresh Fruit 100% Juice	Cheese Baked Eggs Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	Cheese Baked Eggs Hash Browns Fresh Fruit 100% Juice
L U N C H	Beef Patty with Gravy Scalloped Potatoes Seasoned Cauliflower Baked Roll Chocolate Pudding	Melt In Your Mouth Chicken Garlic Parmesan Rice Roasted Zucchini Baked Roll Chocolate Chip Cookie	Swedish Meatballs Noodles Mixed Vegetables Baked Roll Chocolate Chip Brownie	Honey Mustard Pork Roasted Sweet Potatoes Green Beans Baked Roll Ice Cream	Baked Spaghetti Garlic Bread Lemon Glazed Carrots Baked Roll Vanilla Pudding	Baked Cod Fillet Seasoned Rice Garden Green Salad Baked Roll Chocolate Peanut Butter Cookie	Turkey with Pan Gravy Mashed Red Potatoes Brussels Sprouts Baked Roll Ice Cream
D I N N E R	Grilled Turkey and Swiss Sandwich Fruit Cocktail Green Salad Chips	Ravioli with Herb Cream Sauce Peach Jello Salad Capri Blend Garlic Bread	Classic Chicken Salad Grapes Vegetable Medley Classic Dinner Rolls	Baked Tuna Dish Assorted Fruit Corn Garlic Breadsticks	Turkey Club Sandwich Ambrosia Vegetable Sticks	Beef Enchilada Casserole Pears Peppers & Onions Tortilla Chips and Salsa	Chicken Tenders Applesauce Sautéed Yellow Squash Tater Tots
	Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha					Week 4

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	Sun 01-19-2025	Mon 01-20-2025	Tue 01-21-2025	Wed 01-22-2025	Thu 01-23-2025	Fri 01-24-2025	Sat 01-25-2025	
B R E A K F A S T	French Toast Bacon Fresh Fruit 100% Juice	Egg and Ham Scramble Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits Egg of Choice Fresh Fruit 100% Juice	French Texas Toast Bake Sausage Link Fresh Fruit 100% Juice	Fried Egg Bacon Fresh Fruit 100% Juice Whole Grain Toast	Bananas Foster Oatmeal Egg of Choice 100% Juice Whole Grain Toast	Egg Sausage Croissant Fresh Fruit 100% Juice	
L U N C H	Seasoned Pot Roast Parmesan Mashed Potatoes Fresh Cooked Carrots Baked Roll Ice Cream	Easy Fried Chicken Fresh Cooked Yams Seasoned Cabbage Baked Roll Assorted Cookies	Ranch Pork Chops Roasted Rosemary Potatoes Mixed Vegetables Baked Roll Banana Pudding	Pepper Steak Rice Seasoned Zucchini Baked Roll Berry Jello	Beef Taco Spanish Rice Steamed Broccoli Baked Roll Chocolate Ice Cream	Breaded Fish Fillet Seasoned Fried Potatoes Vegetable Medley Baked Roll Carrot Cake	Mozzarella Meatloaf Herb Roasted Red Potatoes Seasoned Peas Baked Roll Assorted Cookies	
D I N N E R	Ham Sandwich Four Fruit Medley Coleslaw Pasta Salad	Broccoli Cheese Casserole Peach Fruit Cup Herb Roasted Tomatoes Herb Pull Apart Roll	Chicken Parmesan Dish Pears Vegetable Medley Garlic French Bread	Tuna Salad on Croissant Orange Slices Zesty Cucumber Salad Chips	Hot Turkey Sandwich with Gravy Jello Salad Carrot Green Bean Blend Breadsticks	Chicken Pockets Grapes Marinated Tomatoes Pita Chips	Roasted Pork and Yams Winter Fruit Salad California Blend Fresh Cornbread	
	Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha						Week 5

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	Sun 01-26-2025	Mon 01-27-2025	Tue 01-28-2025	Wed 01-29-2025	Thu 01-30-2025	Fri 01-31-2025	Sat 02-01-2025
B R E A K F A S T	Cheese Baked Eggs Fresh Fruit 100% Juice Whole Grain Toast	Cheese Baked Eggs Fresh Fruit 100% Juice Whole Grain Toast	Cheese Baked Eggs Fresh Fruit 100% Juice	Cinnamon and Sugar Oatmeal Egg of Choice Fresh Fruit 100% Juice	Cheese Baked Eggs Fresh Fruit 100% Juice Fresh Biscuit	Cheese Baked Eggs Fresh Fruit 100% Juice	Cheese Baked Eggs Fresh Fruit 100% Juice
L U N C H	Rosemary Lemon Chicken Garlic Pasta Green Beans Baked Roll Ice Cream	Apple BBQ Pulled Pork Candied Yams Roasted Brussels Sprouts Baked Roll Chocolate Pudding	Beef Tips Herb Mashed Potatoes Vegetable Medley Baked Roll Chocolate Lava Cake	Homestyle Turkey with Gravy Bread Stuffing Buttered Squash Baked Roll Fancy Cherry Jello	All Beef Hot Dog AuGratin Potatoes Roasted Carrots Baked Roll Chocolate Soft Serve Ice Cream	Meatballs with Marinara Sauce Angel Pasta Oven Roasted Broccoli Baked Roll Vanilla Pudding	Garlic Broiled Chicken Breast Steamed Red Potatoes Peas and Carrots Baked Roll Strawberry Parfait
D I N N E R	Grilled Cheese Sandwich Soft Fall Fruit Salad Fresh Tomato Soup Chips	Tuna and Noodles Peaches Roasted Zucchini Mozzarella Garlic Bread	White Chicken Chili Grapes Mixed Vegetables Cornbread	Shepherd's Pie Raspberry Jello Salad Roasted Cauliflower Crescent Rolls	Taco Cornbread Casserole Select Orange Salad Southwest Vegetable Medley Best Black Beans	Ham and Cheese Sliders Baked Cinnamon Apples Coleslaw	Pepperoni and Mushroom Pizza Assorted Fruit Caesar Salad Breadsticks
	Milk offered at every meal	Let's Make Dessert (Wednesday's) With Trisha					Week 1

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